

OCTOBER 2020

Avondale Elementary School District

Snacks

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

5

Fall Break

6

Fall Break

7

Fall Break

8

Fall Break

9

Fall Break

12

Afternoon
Cheez-Its
100% Fruit Punch

13

Afternoon
Cinnamon Toast Crunch
Cereal Bar
1% White Milk

14

Afternoon
Heartzels Pretzel
100% Apple Juice

15

Afternoon
Xtra Cheddar Goldfish
100% Grape Juice

16

Afternoon
Chocolate Carmel Chex
Mix
Fat Free Chocolate
Milk

19

Afternoon
Goldfish Honey Bun
Grahams
100% Apple Juice

20

Afternoon
Cheddar Chex Mix
100% Grape Juice

21

Afternoon
Cinnamon Elf Graham
1% White Milk

22

Afternoon
Cocoa Krispies Cereal
Bar
100% Fruit Punch

23

Afternoon
Strawberry Yogurt
Chex Mix
Fat Free Chocolate
Milk

26

Afternoon
Cheez-Its
100% Apple Juice

27

Afternoon
Cinnamon Elf Grahams
1% White Milk

28

Afternoon
Rice Krispies Treat
100% Fruit Punch

29

Afternoon
Strawberry Yogurt
Chex Mix
Fat Free Chocolate
Milk

30

Afternoon
Coco Chip Bites
100% Grape Juice

School Snack Program

All Grains
offered are
Whole Grains

This
institution is
an equal
opportunity
provider

Menu Subject to
Change