

# SEPTEMBER 2020

## Avondale Elementary School District

### Snacks

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

**Afternoon**  
Mozzarella Cheese Stick  
100% Fruit Punch

2

**Afternoon**  
Heartzels Pretzels  
100% Apple Juice

3

**Afternoon**  
Xtra Cheddar Goldfish  
100% Grape Juice

4

**Afternoon**  
Chocolate Carmel Chex Mix  
Fat Free Chocolate Milk

7

**LABOR DAY**

8

**Afternoon**  
Cheddar Chex Mix  
100% Grape Juice

9

**Afternoon**  
Cinnamon Elf Grahams  
1% White Milk

10

**Afternoon**  
Cocoa Krispies Cereal  
Bar  
100% Fruit Juice

11

**Afternoon**  
Strawberry Yogurt Chex Mix  
Fat Free Chocolate Milk

14

**Afternoon**  
Cheez-Its  
100% Apple Juice

15

**Afternoon**  
Cinnamon Elf Grahams  
1% White Milk

16

**Afternoon**  
Rice Krispies Treat  
100% Fruit Punch

17

**Afternoon**  
Strawberry Yogurt Chex Mix  
Fat Free Chocolate Milk

18

**Afternoon**  
Coco Chip Bites  
100% Grape Juice

21

**Afternoon**  
Cheddar Chex Mix  
100% Grape Juice

22

**Afternoon**  
Scooby Doo Snacks  
Fat Free Chocolate Milk

23

**Afternoon**  
Froot Loops Snack Pouch  
100% Apple Juice

24

**Afternoon**  
Rice Krispies Treat  
1% White Milk

25

**Afternoon**  
Mozzarella Cheese Stick  
100% Fruit Punch

28

**Afternoon**  
Coco Chip Bites  
1% White Milk

29

**Afternoon**  
Heartzels Pretzels  
100% Fruit Punch

30

**Afternoon**  
Chocolate Caramel Chex Mix  
100% Grape Juice

### DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

### SCHOOL SNACK PROGRAM

All Grains offered are Whole Grains

This institution is an equal opportunity provider

Menu Subject to Change