

# October 2021

## Avondale Elementary School District Preschool Snacks

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### ***DID YOU KNOW?***

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



**1**

**Morning**  
Animal Crackers  
100% Apple Juice

**Afternoon**  
Cheerios Cereal Bowl  
1% White Milk

**4**

**Fall Break**

**5**

**Fall Break**

**6**

**Fall Break**

**7**

**Fall Break**

**8**

**Fall Break**

**11**

**Morning**  
Strawberry Yogurt  
Chex Mix  
1% White Milk

**Afternoon**  
Mickey Mouse Goldfish  
100% Grape Juice

**12**

**Morning**  
Cheez-It  
100% Grape Juice

**Afternoon**  
Heartzels Pretzels  
1% White Milk

**13**

**Morning**  
Cheerios Cereal Bowl  
1% White Milk

**Afternoon**  
Scooby Doo Snacks  
100% Fruit Punch

**14**

**Morning**  
Heartzels Pretzels  
100% Fruit Punch

**Afternoon**  
Rice Chex Cereal Bowl  
1% White Milk

**15**

**Morning**  
Scooby Doo Snacks  
100% Fruit Punch

**Afternoon**  
Cheez-It  
1% White Milk

**18**

**Morning**  
Cinnamon Toast Crunch  
Cereal Bowl  
100% Fruit Punch

**Afternoon**  
Cinnamon Elf Graham  
1% White Milk

**19**

**Morning**  
Chocolate Elf Graham  
1% White Milk

**Afternoon**  
Cheddar Chex Mix  
100% Fruit Punch

**20**

**Morning**  
Strawberry Yogurt  
Chex Mix  
100% Apple Juice

**Afternoon**  
Cheerios Cereal Bowl  
1% White Milk

**21**

**Morning**  
Heartzels Pretzels  
100% Fruit Punch

**Afternoon**  
Animal Crackers  
100% Grape Juice

**22**

**Morning**  
Cheerios Cereal Bowl  
1% White Milk

**Afternoon**  
Munchies Kid Mix  
100% Apple Juice

**25**

**Morning**  
Mozzarella Cheese Stick  
100% Apple Juice

**Afternoon**  
Scooby Doo Snacks  
1% White Milk

**26**

**Morning**  
Mickey Mouse Goldfish  
1% White Milk

**Afternoon**  
Mozzarella Cheese Stick  
100% Apple Juice

**27**

**Morning**  
Animal Crackers  
100% Apple Juice

**Afternoon**  
Munchies Kid Mix  
100% Fruit Punch

**28**

**Morning**  
Scooby Doo Snacks  
1% White Milk

**Afternoon**  
Heartzels Pretzels  
1% White Milk

**29**

**Morning**  
Animal Crackers  
100% Apple Juice

**Afternoon**  
Cheerios Cereal Bowl  
1% White Milk

**Currently Meals are Free to All Children Ages 0-18**

*Please Submit a New School Year Application to be eligible for additional benefits and ensure your school continues to receive funding.*

*You can apply for meal benefits and manage student accounts/ pay online from one location.*

**All grains offered are Whole grains.**

**1% and Fat Free milk offered daily.**

**This institution is an equal opportunity provider.**

**Menu Subject to Change.**