

January 2023

Avondale Elementary School District Preschool Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Winter Break	3 Winter Break	4 Winter Break	5 Winter Break	6 Winter Break
9 Chicken Nuggets Baked Beans Mixed Fruit <u>Breakfast</u> Cinnamon Toast Crunch Cereal Bowl Mozzarella Cheese Stick Diced Pears	10 Orange Chicken w/ Brown Rice Steamed Broccoli Fresh Apple <u>Breakfast</u> Pepperoni Breakfast Bagel Sliced Peaches	11 Cheeseburger French Fries Orange Wedges <u>Breakfast</u> Tater Tots, Chicken Sausage Fresh Apple	12 Rotini Meat Sauce Breadstick Green Beans Strawberries <u>Breakfast</u> Maple Waffle Mixed Fruit	13 Pepperoni Pizza Corn Diced Peaches Fruit Cup <u>Breakfast</u> Super Donut Orange Wedges
16 Martin Luther King Day	17 Hot Dog Scooby Doo Snacks Steamed Broccoli Red Grapes <u>Breakfast</u> Triple Berry French Toast Mixed Fruit	18 Chicken Patty Sandwich Cinnamon Sweet Fries Fresh Apple <u>Breakfast</u> Banana Loaf w/ Mozzarella Cheese Stick Mandarin Oranges	19 Ham & Cheese Pretzel Melt Corn Orange Wedges <u>Breakfast</u> Pancake on a Stick Diced Pears	20 Super Nachos Refried Beans Sour Cherry Lemon Slushie <u>Breakfast</u> Cinnamon Bun Sliced Peaches
23 Macaroni & Cheese Breadstick Green Beans Sliced Apples <u>Breakfast</u> Chocolate Chip Waffles Strawberries & Blueberries	24 Chicken Drumstick Corn Orange Wedges <u>Breakfast</u> Apple Cinnamon Muffin Mixed Fruit	25 Chicken Nuggets Scooby Doo Snacks Tater Tots Watermelon Craisins <u>Breakfast</u> Strawberry Cream Cheese Bagel Diced Pears	26 Mini Corn Dogs Baked Beans Fresh Apple <u>Breakfast</u> Southwest Egg Wrap Sliced Peaches	27 Pepperoni Pizza Steamed Broccoli Diced Pears <u>Breakfast</u> Cheerios Cereal Bowl Mozzarella Cheese Stick Mandarin Oranges
30 Rotini Meat Sauce w/ Breadstick Corn Apple Crips <u>Breakfast</u> French Toast Sticks Mixed Fruit	31 Bean & Cheese Burrito Steamed Broccoli Strawberry Fruit Cup <u>Breakfast</u> Cinnamon Pancakes Diced Pears	<p><i>Did you know?</i></p> <p>As of January 3, 1959, Alaska officially became the 49th state of the United States.</p>		

Please remember meal applications must be submitted annually. The USDA waivers that previously provided free meals for all students is no longer in effect.

Student Meal Price

<u>Breakfast</u>	<u>Lunch</u>
Reduced 30¢	Reduced 40¢
Paid \$1.50	Paid \$2.50

Non-Student Meal Price

<u>Breakfast</u>	<u>Lunch</u>
\$2.75	\$4.75

1% and Fat Free milk offered daily

Garden Bar offered Daily at Lunch except on early release days

You can apply for meal benefits and manage your students' accounts/pay online from one location.

<https://family.titank12.com>



This institution is an equal opportunity provider.

Menu Subject to Change